

SERIES/REGATTA RACING for CRUISING FLEET

Virginia Inland Sailing Association

SAILING INSTRUCTIONS – March 2011

1 RULES

The regatta or series will be governed by the rules as defined in *The Racing Rules of Sailing*.

2 ENTRIES

Competitors may enter by registering on the 'sign up sheet' at the competitors meeting or by notifying the Race Committee prior to the Warning signal. Entry in one race is entry in the series. Registration for an invitational regatta shall be as required in the Notice of Race.

3 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located on the deck of the VISA club house.

4 SIGNALS MADE ASHORE

Signals made ashore will be displayed from the flagpole located at the tee dock. If a postponement is signaled ashore, the warning signal will be made not less than 30 minutes after flag AP is lowered. (This changes Race Signals AP.)

5 SCHEDULE and CLASS FLAG(S)

A competitors' meeting will be held on the VISA club house deck at the time and date posted on the annual calendar. The calendar may be accessed on the Web site or in the Year Book. The warning signal for the first race will be one hour after the start time of the competitors meeting. Subsequent races each day will be held as soon as possible after the end of the previous race. The class flag for the cruising fleet will be code flag F (Foxtrot).

6 COURSES and MARKS

The course may be sailed to permanent SML marks, a windward-leeward, a triangle or a triangle-windward-leeward. The course using SML permanent marks will be announced at the competitors meeting and will be displayed on the signal boat by a single letter, which shall be either red or green. No significance is assigned to the color of the letter. A windward-leeward course will be designated by black letters A and C and a numeral (1,2,3,...) to designate the number of times the course shall be sailed. A triangle course will be designated by black letter A,B and C and a numeral to designate the number of times the course will be sailed. A triangle-windward-leeward course will be designated by black letter O. The black letters will be posted on the rail of the signal boat or written on a 'white board' if the Whaler is used as the signal boat. Windward, leeward and turning marks will be orange tetrahedrons. If temporary marks are set at the SML permanent marks they will be either orange tetrahedrons or orange balls. If temporary marks are not set at SML permanent marks, competitors shall come within two of their boat lengths of the SML mark on the channel side. All temporary marks shall be taken on the same side as the starting mark. The starting mark will be a yellow buoyed yellow flag. The finish mark will be either a yellow buoyed yellow flag (unless a shortened course is declared (see below)) or the finish line may be designated between mark R-11 and the shoreside flag pole.

8 STARTING AND FINISHING LINES, STARTING SYSTEM]

The starting and finishing lines will be between a yellow buoyed yellow flag and the staff or mast of the RC flag on the signal boat. In the event of a shortened course the finish will be a mark of the course and a blue flag on the mark/line/committee boat. Races shall be started using the signal system noted in RRS rule 26. All other signals will be in accord with RRS Part 3.

9 TIME LIMIT

If multiple races are scheduled for the day the time limit for each race will be 2 hours for the first boat to sail the course in accordance with rule 28.1. Any boat that does not complete the course within 3 hours will be scored TLE (an addition to RRS Appendix A 11). If a single race is scheduled for the day, the time limit for the race will be 4 hours for the first boat to sail the course in accordance with rule 28.1. Any boat that does not complete the course within 5 hours will be scored TLE (an addition to RRS Appendix A 11)

10 PROTESTS

Protests shall be delivered to the Race Committee within 30 minutes after the race committee finish boat docks. The protest time limit and a list of protests received will be posted on the official notice board. Hearings will be held as soon as possible after racing each day in the VISA club house.

11 SCORING

A maximum of 2 races are scheduled for each race day. Each boat's worst score will be excluded from her series score only if at least 6 races are completed for the series. Two races constitute a series. A regatta may be one race. Scoring will be in accord with RRS Appendix A using the low point system. The score TLE is defined as Time Limit Expired and the score shall be the number of finishers plus 2 points. Finishes will be computed using the latest edition of the PHRF, Performance Handicap Rating Formula, as adjusted and published by the VISA Fleet Captain.