

**Centerboard Regatta/Series Racing**  
**Virginia Inland Sailing Assoc.**  
**SAILING INSTRUCTIONS - March 2010**

**1 RULES**

The regatta or series will be governed by the rules as defined in *The Racing Rules of Sailing* (RRS).

**2 ENTRIES**

Competitors may enter by registering on the 'sign up sheet' at the competitors meeting or by notifying the Race Committee prior to the Warning signal. Entry in one race is entry in the series. Registration for invitational regattas shall be per the Notice of Race instructions.

**3 NOTICES TO COMPETITORS**

Notices to competitors will be posted on the official notice board located on the deck of the VISA Club House.

**4 SIGNALS MADE ASHORE**

Signals made ashore will be displayed from the flagpole located at the tee dock. If a postponement is signaled ashore, the warning signal will be made not less than 30 minutes after flag AP is lowered. (This changes Race Signals AP.)

**5 SCHEDULE and CLASS FLAGS**

A competitors' meeting will be held at on the VISA Club House deck at the time and date posted on the annual calendar. The calendar may be accessed on the Web site or in the Year Book. The warning signal for the first race will be one hour after the start time of the competitors meeting. Subsequent races each day will be held as soon as possible after the end of the previous race. The class flag for a Laser only regatta shall be the Laser insignia. The class flag for combined, i.e., handicap centerboard racing shall be code flag R 'Romeo'..

**6 RACING AREA**

The racing area will be in the Roanoke River portion of the Lake between navigation marks R 8 and R16.

**7 COURSES and MARKS**

The course will be either windward-leeward or triangle-windward-leeward or a triangle. The windward-leeward course will be designated by black letters A and C and a numeral to designate the number of times the course shall be sailed. The triangle will be designated by black letters ABC and a numeral to designate the number of times the course shall be sailed. The triangle-windward-leeward course will be designated by black letter O. The black letters will be posted on a white board on the rail of the signal boat or written on a 'white' board' if the Whaler is used as the signal boat.

Windward, leeward, and turning marks will be orange tetrahedrons. All marks will be taken to the same side as the starting mark. The starting mark will be a yellow buoyed yellow flag. The finish mark will be a yellow buoyed yellow flag.

**8 STARTING AND FINISHING LINES; STARTING SYSTEM**

The starting and finishing lines will be between a yellow buoyed yellow flag and the staff or mast of the RC flag on the signal boat. In the event of a shortened course the finish will be between a mark of the course and a Blue flag on the signal or mark/line boat. Races shall be started using the signal system noted in RRS rule 26. Other signals will be in accord with RRS Part 3.

The Race Committee will attempt to hail all boats OCS if an individual recall is made. (This changes the RRS).

**9 TIME LIMITS**

The time limit for each race will be one hour for the first boat to sail the course in accordance with RRS rule 28.1. Any boat that does not complete the course within one hour thirty minutes will be scored TLE (an addition to RRS Appendix A 11).

**10 PROTESTS**

Protests shall be delivered to the Race Committee within 30 minutes after the race committee finish boat docks. A list of protests received will be posted on the official notice board. Hearings will be held as soon as possible after racing each day in the Club House.

**11 SCORING**

A minimum of two races are scheduled for each race day. Each boat's worst score will be excluded from her series score, only if at least 6 races are completed for the series,. Two races constitute a series.

Scoring will be in accord with RRS Appendix A using the low point system. The score abbreviation TLE is defined as Time Limit Expired and the score shall be the number of finishers plus 2 points.

Finishes will be computed using the latest edition of the North American Portsmouth Yardstick numbers for Centerboards.